## **The Care Aims Intended Outcomes Framework – Core Training - Online**

This **4-day training package** offers participants a new/different way of thinking about the interventions/care they deliver and helps them to capture their professional reasoning in a systematic and coherent way. The training, which is delivered in two modules over approximately 6 weeks, has been developed to introduce practitioners to the Care Aims Intended Outcomes Framework and to how it can support them in making the highly complex decisions they are faced with on a day-to-day basis. It addresses issues at the heart of good practice, including duty of care, legal and ethical issues, risk, person-centred, wellbeing outcomes and inter-disciplinary and integrated decision-making. It also addresses initial implementation issues and offers additional skills in goal setting.

## **AIMS of the COURSE:**

To gain a shared understanding of the Care Aims Framework and its impact on achieving person-centred well-being outcomes through individualised care, effective, integrated service delivery, reflective practice, and collaborative partnerships. To begin to apply the model to day-to-day practice, at a uni- and inter-disciplinary level. To gain skills in effective evaluation of care at each stage of decision-making. To identify the initial steps for implementing the framework.

## **LEARNING OUTCOMES: Participants will have:**

- an understanding of the Care Aims Reasoning Framework's application to their practice.
- increased confidence in their ability to evidence their professional reasoning and, therefore, in communicating their decisions to others.
- an increased understanding of the nature and importance of personal-centred outcomes and reflective practice in achieving evidence-based care and discharging their duty of care.

**WORKSHOP OUTLINES:** All workshops include taught elements and group work. *Module I* is a two-day in-person workshop (see overleaf for online options) Broad areas covered include:

- A framework for Advanced Reasoning and Effective Decision-making.
- Population-based Approach to Person-centred outcomes and Evidence-based practice
- Designing services to support an effective environment of relationships and early help.

Module II is a two-day workshop in-person workshop (see overleaf for online options) (usually taught approximately 2 months after Module I to allow consolidation of learning). Broad areas covered include:

- Outcomes and Outcome measures at all levels of care.
- Using Care Aims in Practice to evidence their reasoning.
- Goal-setting skills in relation to Care Aims.
- Practical application to cases.
- Implementation issues and project support.

PARTICIPANTS: Maximum of 21 participants per workshop from all professional groups and sectors of Health, Social care and Education and related agencies.

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**ORGANISATIONAL COMMITMENT REQUIRED:** The delivery of this package assumes organisational support for the implementation of this service philosophy. Extensive evidence shows that successful implementation requires a whole systems approach and strong leadership and commitment. The training is normally provided as one element of a larger consultation package – please see <a href="https://www.careaims.com">www.careaims.com</a> for more details.

**FACILITIES:** These should be provided by the service/organisation commissioning the package and, for each workshop, should include:

- > a quiet space for each practitioner to use with no distractions.
- access to a computer/laptop (no tablets or phones please)
- access to a reliable internet connection

COSTS: For up to 21 participants – taking the course online requires the 4 days to delivered over either:

8 half-day sessions (9.30am - 1pm) online - £9,800 + £1,960 VAT = £11,760.00 or 6 shorter days (10.00am - 3.30pm) online - £8,700 + £1,740 VAT = £10,440.00

**Please note:** This course is delivered **directly** as a **4-day course**. The maximum number of participants is 35, if your venue can accommodate this number in cabaret-style seating. The cost of tuition is lower (£6,960.00) but this fee excludes the on-costs of room-hire and refreshments and facilitator expenses. **Please see www.careaims.com/training/courses** 

**FACILITATORS:** A facilitator will be allocated to you according to the dates requested/offered.

**Kate Malcomess**, who developed the Care Aims Framework, is an organisational consultant, specialising in effective person-centred practice and well-being outcomes. Whilst working in the NHS, as a highly experienced practitioner and public-sector manager, she developed this approach in response to challenges faced by her own team. Her success led to it being rolled out across her organisation and outside agencies. In 2000, she set up her own consultancy to deliver the benefits of the Care Aim Framework to all public-sector bodies wanting to deliver better outcomes for their users, their staff and their organisations. She is currently working with a high number of teams, divisions, boards and national services in the UK and beyond to support whole systems transformation.

To request your initial free consultation to explore if The Care Aims Framework could help with your challenges by e-mailing contact@careaims.com or

phoning 0131 516 8493

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