

Facilitating Reflective Practice - supporting others to evidence learning

This workshop is **Module II** of the four-day Reflective Practice Course. **Module I** is a **pre-requisite for participants**. For details for **Module I** - (“Reflective Practice – A Key to Competency”) please see contact details below.

This **2-day training package** aims to support managers, leaders and facilitators to set up and maintain robust reflective practice (supervision) systems in teams and organisations. Reflective practice is a professional and employment requirement of most practitioners in public services. It is a competency highlighted by all professional bodies and is a requirement for registration. It is also recognised as being core to the development of many other professional competencies, including evidence-based practice, collaborative formulation skills and effective negotiation skills.

Completion of this workshop fulfils the requirements for practising as a **Reflective Practice Group Facilitator** in an organisation using the Care Aims Framework. It is highly recommended for any practitioner applying to become a Care Aims Facilitator.

AIMS of the WORKSHOP:

- To identify the systems required to develop a reflective workforce
- To develop the facilitation skills required to support individuals and groups to reflect
- To practise effective interventions to facilitate reflective practice in one-to-one and group meetings
- To gain insight into personal skills and development needs in relation to the role of facilitator

LEARNING OUTCOMES: Participants will have:

Knowledge of:

- the role of a facilitator
- ways of creating a safe environment for reflective practice
- how groups function and grow
- theories of adult learning

and **developing competencies** in:

- establishing a reflective working environment
- managing group process
- supporting effective relationships
- communicating effectively
- facilitating reflection and learning

WORKSHOP OUTLINES: This workshop is highly individualised and experiential with the opportunity to apply the concepts taught and to practise skills. It includes a **pre-course pack** (involving approximately 90 minutes of preparation). It also involves a strong element of self and peer assessment of participants’ skills against a **set of core competencies**.

Broad Areas covered include:

- Reading and understanding group processes
- Skills in ensuring learning in groups
- Contracting skills to ensure effective reflection and evidence-based practice
- Creating effective accountability structures for reflective organisations
- Self and Peer Assessment against core competencies



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THE WORKSHOP IS SUITABLE FOR:

- any Health, Education or Social Care practitioner wishing to develop his/her facilitation skills in support of their consultation or leadership role.
- any manager, supervisor or professional/clinical lead wishing to develop their own reflective process and to facilitate this in their staff.

FACILITIES: These should be provided by the service/organisation commissioning the package and, for each workshop, should include:

- a large room (big enough for break-out groups)
- a data/powerpoint projector, screen and flipchart
- refreshments as appropriate
- photocopying of handouts

COSTS: (*Fee covers tuition*)

For up to 9 participants (single-handed facilitation)

£3,000 + £600 VAT = **£3,600** plus travel/accommodation expenses at cost plus VAT

For up to 12 participants (double-handed facilitation)

£4,700 + £940 VAT = **£5,640** plus travel/accommodation expenses at cost plus VAT

COURSE DEVELOPERS and FACILITATORS: For more details please see www.careaims.com – Meet the Team

Kate Malcomess, Clare Grace and Janet Wilson

A facilitator/facilitators will be allocated to your course according to the dates agreed.

Please see www.careaims.com for more details or to book a course please use the contact details below.

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www.careaims.com

E-mail us at: contact@careaims.com or

Phone us on: **0131 516 8493**

