

# The Care Aims Intended Outcomes Framework – Core Training

This **4-day training package** offers participants a new/different way of thinking about the interventions/care they deliver and helps them to capture their professional reasoning in a systematic and coherent way. The training, which is delivered in two modules over approximately 6 weeks, has been developed to introduce practitioners to the Care Aims Intended Outcomes Framework and to how it can support them in making the highly complex decisions they are faced with on a day-to-day basis. It addresses issues at the heart of good practice, including duty of care, legal and ethical issues, risk, person-centred, wellbeing outcomes and inter-disciplinary and integrated decision-making. It also addresses initial implementation issues and offers additional skills in goal-setting. **It is suitable for qualified practitioners from all professional groups and sectors of Health and Social care and related agencies and is normally delivered as part of a whole system redesign.**

## **AIMS of the COURSE:**

To gain a shared understanding of the Care Aims Framework and its impact on achieving person-centred well-being outcomes through individualised care, effective, integrated service delivery, reflective practice and collaborative partnerships. To begin to apply the model to day-to-day practice, at a uni- and inter-disciplinary level. To gain skills in effective evaluation of care at each stage of decision-making. To identify the initial steps for implementing the framework.

## **LEARNING OUTCOMES: Participants will have:**

- an understanding of the Care Aims Reasoning Framework and its application to their practice
- increased confidence in their ability to evidence their professional reasoning and, therefore, in communicating their decisions to others.
- an increased understanding of the nature and importance of personal-centred outcomes and reflective practice in achieving evidence-based care

**WORKSHOP OUTLINES:** All workshops includes taught elements and group work

**Module I is a two-day workshop.** Broad areas covered include:

- A framework for Advanced Reasoning and Effective Decision-making
- Population-based Approach to Person-centred outcomes and Evidence-based practice
- Designing services to support Self-Help
- Implementation process and project support

**Module II is a two-day workshop** (usually taught approximately 2 months after Module I to allow consolidation of learning). Broad areas covered include:

- Outcomes and Outcome measures at all levels of care
- Using Care Aims in Practice to evidence their reasoning
- Goal-setting skills in relation to Care Aims
- Practical application to cases
- Implementation issues and project support

**PARTICIPANTS: Maximum of 35 participants** per package from all professional groups and sectors of Health and Social care and related agencies. Implementation of the Framework across whole teams or organisations will involve the delivery of several packages.



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**ORGANISATIONAL COMMITMENT REQUIRED:** The delivery of this package assumes organisational support for the implementation of this service philosophy. Extensive evidence shows that successful implementation, like most other change, requires a whole systems approach and strong leadership and commitment. The training is normally provided as one element of a larger consultation package – please see [www.careaims.com](http://www.careaims.com) for more details.

**FACILITIES:** These should be provided by the service/organisation commissioning the package and, for each workshop, should include:

- a large room (big enough for break-out groups)
- a data/powerpoint projector, screen and flipchart
- refreshments as appropriate
- photocopying of handouts

**COSTS:** (Fee covers 4 day's tuition) **For up to 30 participants (optimum)**  
£5,800 + £1,160 VAT = **£6,960** plus travel/accommodation expenses at cost plus VAT  
Additional participants will be charged at £50 + VAT per head per day, **up to a maximum of 35 people.**

**Please note:** this course is also online over **6 short days**. The maximum number of participants is 21 and the cost is higher. **Please see [www.careaims.com/training/courses](http://www.careaims.com/training/courses)**

**FACILITATORS:** A facilitator will be allocated to you according to the dates requested/offered.

**Kate Malcomess**, who developed the Care Aims Framework, is an organisational consultant, specialising in effective person-centred practice and well-being outcomes. Whilst working in the NHS, as a highly experienced practitioner and public-sector manager, she developed this approach in response to challenges faced by her own team. Her success led to it being rolled out across her organisation and outside agencies. In 2000, she set up her own consultancy to deliver the benefits of the Care Aim Framework to all public-sector bodies wanting to deliver better outcomes for their users, their staff and their organisations. She is currently working with a high number of teams, divisions, boards and national services in the UK and beyond to support whole systems transformation.

**Clare Grace**, who is an associate for The Care Aims Well-being Outcomes Collaborative, is an independent consultant. Clare is currently a consultant and trainer in complex needs to both adults and children. She delivers her service both in the NHS and independently. Her background is in Speech & Language Therapy and Behaviour Therapy. Clare has extensive experience in the day-to-day running and leadership of a busy city community NHS service supporting the delivery of person-centred care using the Care Aims Intended Outcomes Framework as the foundation for their quality strategy. Clare brings a practical and pragmatic perspective, understanding the rigours of working within the NHS today and shares her own experiences of implementing the Care Aims Intended Outcomes Framework both at a face to face caseload level and as a manager interpreting data to support reform of service delivery.

**To request your initial free consultation to explore if The Care Aims Framework could help with your challenges by e-mailing [contact@careaims.com](mailto:contact@careaims.com) or phoning 0131 516 8493**

