

The Care Aims Intended Outcomes Framework – Core Training

This **4-day training package** offers participants a new/different way of thinking about the interventions/care they deliver and helps them to capture their professional reasoning in a systematic and coherent way. The training, which is delivered in two modules, delivered over approximately 6 weeks, has been developed to introduce practitioners to the Care Aims Intended Outcomes Framework and to how it can support them in making the highly complex decisions they are faced with on a day-to-day basis. It addresses issues at the heart of good practice, including duty of care, legal and ethical issues, risk, person-centred, wellbeing outcomes and inter-disciplinary and integrated decision-making. It also addresses initial implementation issues and offers additional skills in goal-setting. **It is suitable for qualified practitioners from all professional groups and sectors of Health and Social care and related agencies and is normally delivered as part of a whole system redesign.**

AIMS of the COURSE:

To gain a shared understanding of the Care Aims Framework and its impact on achieving person-centred well-being outcomes through individualised care, effective service delivery, reflective practice and collaborative partnerships. To begin to apply the model to day-to-day practice, at a uni- and multi-disciplinary level. To gain skills in effective evaluation of care at each stage of decision-making. To identify the initial steps for implementing the model.

LEARNING OUTCOMES: Participants will have:

- an understanding of the Care Aims Model and its application to their practice
- increased confidence in their ability to evidence their professional reasoning and, therefore, in communicating their decisions to others.
- an increased understanding of the nature and importance of personal-centred outcomes and reflective practice in achieving evidence-based care

WORKSHOP OUTLINES: All workshops includes taught elements and group work

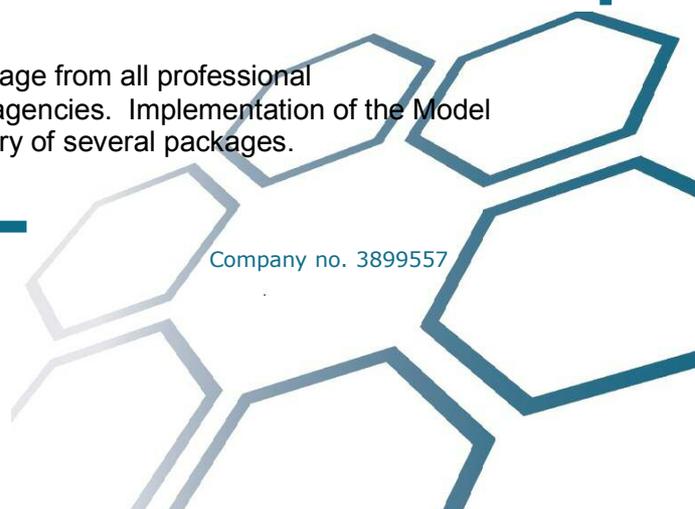
Module I is a two-day workshop. Broad areas covered include:

- A framework for Advanced Reasoning and Effective Decision-making
- Population-based Approach to Person-centred outcomes and Evidence-based practice
- Designing services to support Self-Help
- Implementation process and project support

Module II is a two-day workshop (usually taught approximately 2 months after Module I to allow consolidation of learning). Broad areas covered include:

- Outcomes and Outcome measures at all levels of care
- Using Care Aims in Practice to evidence
- Goal-setting skills in relation to Care Aims
- Practical application to cases
- Implementation issues and project support

PARTICIPANTS: Maximum of 35 participants per package from all professional groups and sectors of Health and Social care and related agencies. Implementation of the Model across whole teams or organisations will involve the delivery of several packages.



The Care Aims Intended Outcomes Framework – Core Training

ORGANISATIONAL COMMITMENT REQUIRED: The delivery of this package assumes organisational support for the implementation of this service philosophy. Extensive evidence shows that successful implementation, like most other change, requires a whole systems approach and strong leadership and commitment.

FACILITIES: These should be provided by the service/organisation commissioning the package and, for each workshop, should include:

- a large room (big enough for break-out groups)
- a data/powerpoint projector, screen and flipchart
- refreshments as appropriate
- photocopying of handouts

COSTS: (Fee covers 4 day's tuition) **For up to 30 participants (optimum)**
£5,800+ £1,160 VAT = **£6,960** plus travel/accommodation expenses at cost plus VAT

We advise against more than 30 participants, to ensure best learning outcomes - additional participants will be charged at £50 + VAT per head per day, up to a maximum of 35 people.

FACILITATORS: A facilitator will be allocated to you according to the dates requested/offered.

Kate Malcomess, who developed the Care Aims Framework, is an organisational consultant, specialising in effective person-centred practice. Whilst working in the NHS, as a highly experienced practitioner and public-sector manager, she developed this approach in response to challenges faced by her own team. Her success led to it being rolled out across her organisation and outside agencies. In 2000, she set up her own consultancy to deliver the benefits of the Care Aim Framework to all public-sector bodies wanting to deliver better outcomes for their users, their staff and their organisations.

Pauline Beirne, who is an associate for The Care Aims Well-being Outcomes Collaborative, is an independent consultant. Pauline has worked as a clinician and manager in community and acute services in all settings and has made a significant contribution to inter-agency collaboration at a strategic level. Pauline's recognised successes and strategic thinking have led to her being called on by the Scottish government, voluntary sector and professional bodies to help develop policy and legislation, and she has significant experience of translating policy into practice. Pauline has over 10 years of experience as a trainer and consultant both within the NHS and within other agencies in the public and voluntary sectors. She has a particular interest in practice-based research and has a track record in research into collaborative and evidence-based practice

Please see www.careaims.com for more details or to request your initial no-obligation free consultation conversation to see if The Care Aims Framework could help with your challenges

please contact us as follows:

E-mail us at: contact@careaims.com

Phone us on: 01360 660 072

